

# Adaptive Shoes

Getting shoes on and off or tying shoelaces can be difficult for many people with DS.

There are options for adaptive shoelaces and shoes to help!

## Adaptive Shoelaces:

### Elastic Shoelaces

- Replaces standard shoelaces in any lace-up shoe
- Turns lace-up shoes into slip-ons
- Available at many retailers and Amazon (typically between \$5 - \$10)



### HICKIES Laces

- Replaces standard laces in any lace-up shoe
- Turns lace-up shoes into slip-ons
- Available at [www.hickies.com](http://www.hickies.com) and Amazon (typically less than \$20)



### Zubits Magnetic Closures:

- Attaches to standard laces
- Turns lace-up shoes into slip-ons
- Available on Amazon (typically less than \$20)



## Adaptive Shoes:

Many brands offer adaptable styles (prices and availability vary).

The following are several examples:

### Nike FlyEase

- No tying required
- Wraparound zipper with adjustable strap
- Available in adult, child, and wide sizes



### adidas Ultraboost Uncaged

- No tying required
- Stretchy, slip-on
- Available in adult and child sizes



### New Balance Fuelcore Coast

- No tying required
- Slip-on
- Available in adult, child, and wide sizes



### BILLY Shoes (various styles)

- No tying required
- Wraparound zipper
- Available in child sizes

