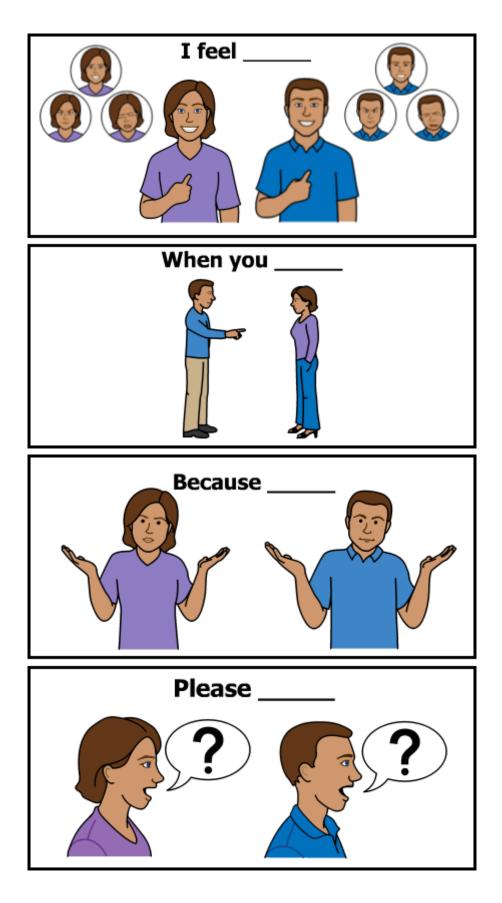
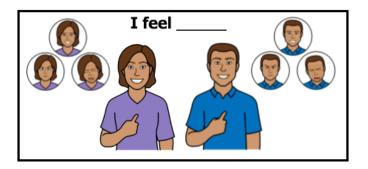
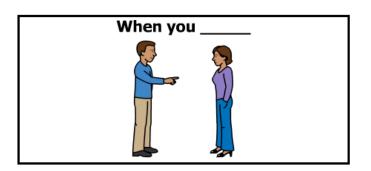
## "I" Statements

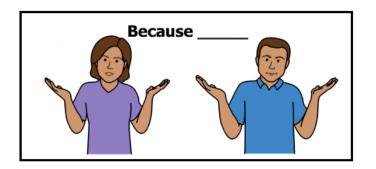




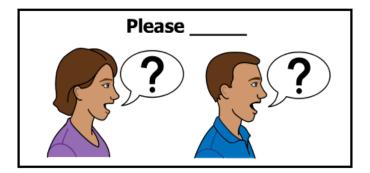
Tell the person how you feel.



Tell the person <u>what they did</u> to make you feel that way.



Tell the person <u>why you feel</u> that way.



Tell the person <u>what you want</u> them to do now.

I FEEL <u>mad</u> WHEN YOU <u>call me nicknames</u> BECAUSE <u>I asked you not to</u>. PLEASE <u>do not call me nicknames</u>.

