

## Pants Without Fasteners

Bimanual dexterity and fine motor skills can be difficult for many individuals with DS, and difficulty with these skills can impact dressing.

There are (stylish!) options to promote independence with lower body dressing. Options may:

- **Eliminate need for fastening or zipping closures, which may speed up dressing and alleviate frustration**
- **Provide easy-close alternatives**
- **Resemble standard pants, jeans, or khakis**
- **Be available in petite sizes or short lengths**

While not an exhaustive list, some examples include:

- **Pants with an elastic waist**
- **Pull-on pants, jeans, or khakis**
- **Pants with magnetic and/or Velcro closures**

\*These terms may be helpful in search engines or when online shopping

Other brands or helpful terms to search include:

- Tommy Hilfiger Adaptive
- MagnaClick brand

Prices, fabrics, and availability vary, although options can be found at many common retailers such as Kohls, Target, Nordstrom, Macy's, and Amazon.

**Elastic Waist**



**Pull-on**



**Magnetic/Velcro Closure**

