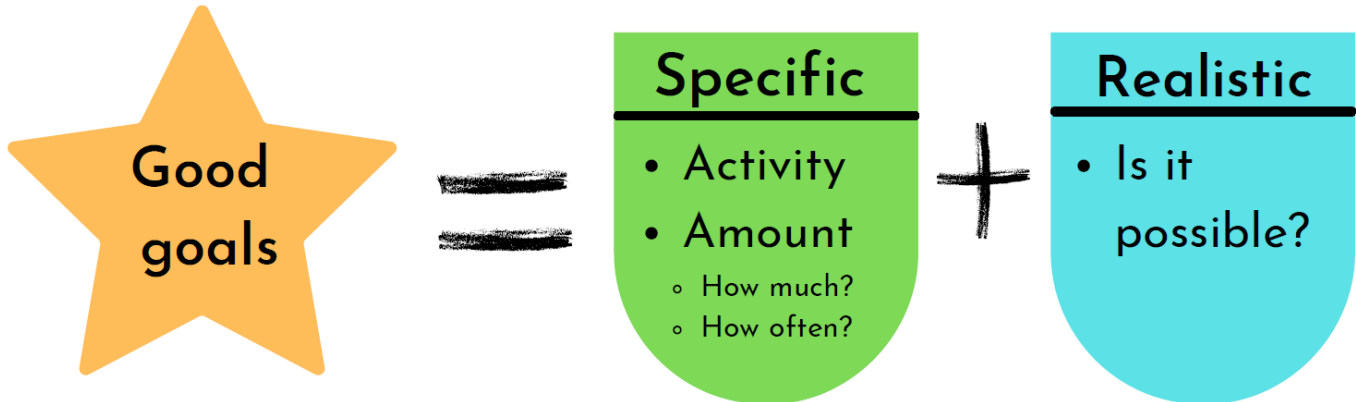


#GOALS

Goals are....

Something you want to do. Goals take hard work.

Goals are different for everyone.



My goal is....

I will _____ .
(Say the activity you want to do) (Say the amount you will do the activity)

Goals take work!

Goals should not be too EASY or too HARD.

We can write the steps to reach our goal. This is called a plan.

My plan is...

What steps should I take to reach my goal?

1. _____
2. _____
3. _____
4. _____
5. _____