Fall Social Skills Sessions with the Adult Down Syndrome Center

Adults with Down syndrome are invited to participate in our virtual sessions on social skills topics. Our occupational therapist Katie Frank, PhD, OTR/L and project manager Laura Chicoine will be leading a 5-week session every Thursday beginning October 8.

Zoom Etiquette

Thursday, October 8 1:00 PM CT

Social Media & Phone Safety

Thursday, October 15 1:00 PM CT

Skills for Successful Social Interactions

Thursday, October 22 1:00 PM CT

Managing Emotions

Thursday, October 29 1:00 PM CT #Adulting

Thursday, November 5 1:00 PM CT

Registration is required as space is limited. Please complete the form at <u>this link</u> by September 18 to express interest in the groups. Signing up on the link does not confirm registration. You will be contacted by Katie Frank to confirm registration. For questions, email Katie at <u>Katherine.frank@aah.org</u>.

If the link above does not work, please copy this link and paste it in your web browser: <u>https://qfreeaccountssjc1.az1.qualtrics.com/jfe/form/SV_01Dio0hlTdRgrFH</u>

*You must register for all 5 sessions. Zoom link will be sent via e-mail when registration is confirmed. Advocate Medical Group Adult Down Syndrome Center