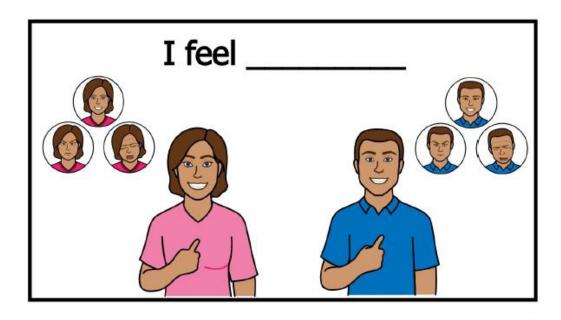
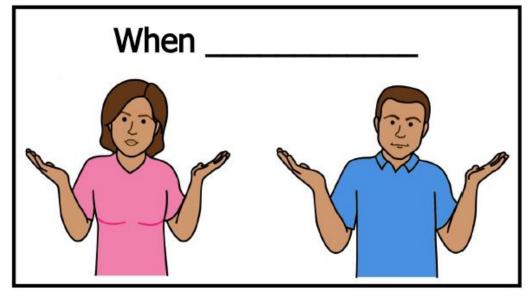
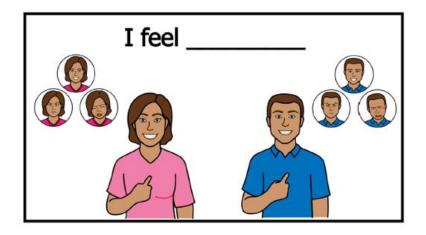
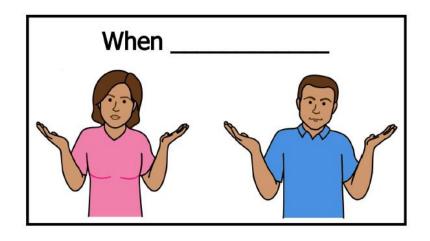
## "I" Statements







Say <u>how you feel</u>. Use an emotion word.



Say <u>what happened</u> to make you feel that way.

I feel mad when you treat me like a child.

I feel happy when we get pizza for dinner.