

My Sadness Triggers



 <p>news</p>	 <p>sickness</p>	 <p>being left out</p>	 <p>change</p>
 <p>the past</p>	 <p>growing older</p>	 <p>death</p>	 <p>injury</p>
 <p>friends</p>	 <p>family</p>	 <p>crush/relationships</p>	 <p>school</p>
 <p>work</p>	 <p>others being mean</p>	 <p>moving</p>	 <p>nothing to do</p>
 <p>rainy days</p>	 <p>the future</p>	 <p>conflicts</p>	 <p>others not understanding me</p>