Tips for Successful Video Calls

Remember: Video calls like Zoom are **public** spaces. This means that other people can see or hear what we do, say, and show.

Find a good space to be in while you are on the call. A good space...

- Is quiet.
- Has a background that is not distracting.
- Has a background that does not share personal information like my home address or school name.
- Has appropriate lighting. It is not too dark or too bright.



Wear appropriate clothing.

• Dress for the audience (for example, work vs. church vs. talking with friends).





Check your internet connection.

 Try moving to a different spot if the connection is not strong.



Make sure you can hear others and they can hear you.

Test your microphone and speakers before a call.



Make sure others can see you.

- Test your camera before a call.
- Test the angle of your camera to make sure your head (and shoulders, if possible) can be seen.



Pay attention.

- Avoid distracting behaviors.
- Be a good listener.
- Take turns talking.
- Use the chat box if needed.



